



The Lido Centre
63 Mattock Lane
Ealing W13 9LA

Tel: 020 3286 3306
E: office@ugandadev.org.uk
www.ugandadev.org.uk
Charity No 1040271

Dear UDS Supporter

Thank you for taking part in our **Let's do Lunch for Lent** Campaign to raise funds for the work of UDS in the farming communities of Kamuli, Eastern Uganda. You will find details of this project on our [website](#) and you can also view a short film about the work on [YouTube](#). At the end of this pdf there is also a leaflet that you can print out for your guests. Contact us with the details of when you will be holding your lunch and the number of guests, we will send you a bookmark for each one. (Tel 020 3286 3306 or office@ugandadev.org.uk)

This pack contains:

Page 2—a page of four invites—which you can print out accordingly and send to your guests.

Page 3—A sponsor form for your guests to complete when they make their contributions to your lunch. If they are a UK tax payer we receive an additional 25% in Gift Aid from the government. Please include this when you send through your payment either by cheque to Uganda Development Services or by electronic transfer*. Please send cheques to

Uganda Development Services
The Lido Centre
63 Mattock Lane
Ealing W13 9LA

* Bank details will be supplied on request

Page 4 — Information about the work of UDS with the farming community in rural Uganda.

Page 5 & 6—ways in which you can help our work.

Thank you for taking part—and please do not hesitate to contact us if you require additional information.

Best regards

Sue Craig



Charity Number 1040271

To :

**Let's do Lunch—and raise funds for
Uganda Development Services**

Join us for a simple lunch on

At

Suggested donation £.....

www.ugandadev.org.uk



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Let's Do Lunch Lent Appeal 2012

Dear Host,

Please ask your guests to complete the form below when they make their donation and tick the relevant boxes. It is essential that we have their post code if we are to claim Gift Aid.

Tel: 020 3286 3306 office@ugandadev.org.uk
www.ugandadev.org.uk

Please send the total amount either by post or pay the amount into our bank account as per the details on the letter. Many thanks

Charity No 1040271

Name	Address	Postcode	Donation amount	Gift Aid*	I would like to keep in touch with UDS	By post	By e-mail	E-mail address

Please make cheques payable to Uganda Development Services TOTAL

*Gift Aid - If you would like your donation to be increased by 25% by allowing Uganda Development Services to claim the tax on this donation, and any further donations you make in the future, please tick the Gift Aid box. NB 1. You must pay sufficient tax to cover the amount we reclaim. 2. You must notify us if you cease to pay sufficient tax or if you change your name or address.

FARMERS TRAINING PROJECT



A group inspecting a pineapple grove

Why we do it

Kamuli District is a poor area within a poor country. About 80% of the population live off subsistence agriculture. Income levels are low. According to the Washington-based World Resources Institute, in 2005, 30-40 per cent of the Kamuli population were living below the poverty line.

How we do it

Once an Appraisal exercise of the community has been made the beneficiaries are selected and trained.

There are four stages to the training

1. **Behaviour change**—enabling the farmers to set individual goals
2. **Agronomic Practices**—teaching skills in farm planning, organic farming practices and vegetable growing
3. **Selected Crop Based Enterprises**—training in growing bananas and pineapples
4. **Study Visit**—exposing them to better farming methods and techniques and challenging them to put their knowledge into practice.

UDS supply the farmers with at least 200 pineapple and 10 banana suckers each and give training in the production of other crops such as water melon, passion fruit, and carrots.

What we do

The overall goal of the project is to improve household income and food security through better farming methods and it is being implemented under the following objectives.

- ◆ To strengthen the capacity of farming households to access and use information relevant to their needs
- ◆ To provide appropriate skills to farmers to apply the information
- ◆ To guide the capacity of the community to access market information and identify markets for their products.

A farmer with her banana crop



Training taking place

HOW YOU CAN HELP

We know that our work is successful—we have seen the results over the years and how families have improved their lives. Once they improve their income they can afford medicine if they are ill, and education for their children. They can also improve their living conditions, and introduce other simple technologies to improve their health. Alongside the farmers training, we also train families to build smokeless ovens and water tanks. Both of these cut the time people have to spend collecting wood and water—and means that they are living in a healthier environment.

We also know that families who aren't part of our scheme are starting to grow the same cash crops as they have seen their neighbours grow. The waiting list to join our scheme is long, and we need funds to be able to deliver this training. Your attendance at a lunch today will help and there are other ways that you can help us to

- Hold a lunch yourself
- Take part in a sponsored event—or be really adventurous and try a parachute jump—details are on our website www.ugandadev.org.uk
- Sign up for our newsletter
- Follow us on Facebook and Twitter @UgandaDServices
- Donate on a regular basis by setting up a standing order. Just £5 a month, over the course of a year, would pay for a training session for 25 farmers. If you can help us in this way please, please complete the form on the following page and return it to us at

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